

# LECTURE 3 - TRIG INTEGRALS

Note Title

Start by recalling Pythagorean theorem in Trig form:

$$\sin^2 \theta + \cos^2 \theta = 1$$

Trig identities give another:  $\tan^2 \theta + 1 = \sec^2 \theta$

$$1 + \cot^2 \theta = \csc^2 \theta$$

These are the basic things to remember for trig integrals & trig sub.

## Trig Integrals

Look at integrals of the form a)  $\int \sin^m x \cos^n x \, dx$

and b)  $\int \tan^m x \sec^n x \, dx$ ,  $m, n$  are integers.

a) basic idea: convert integral into one we can u-sub.

Ex:  $\int \sin^5 x \, dx$   $\sin^5 x = (\sin x) \cdot (\sin^4 x)^2 = (\sin x)(1 - \cos^2 x)^2$

$$= \int \sin x \cdot (1 - \cos^2 x)^2 \, dx$$

$$u = \cos x \\ du = -\sin x \, dx$$

$$= -\int (1 - u^2)^2 \, du = -\int 1 - 2u^2 + u^4 \, du = -u + \frac{2}{3}u^3 - \frac{1}{5}u^5 + C$$

$$= \boxed{-\cos x + \frac{2}{3}\cos^3 x - \frac{1}{5}\cos^5 x + C}$$

What did we do?

•) exponent was odd: write as  $(\sin x)(\sin^2 x)^{\text{something}}$

•)  $\sin^2 x = 1 - \cos^2 x$  :  $(\sin x)(1 - \cos^2 x)^2$

•)  $u = \cos x \Rightarrow du = -\sin x \, dx \Rightarrow (1 - u^2)^2$

Ex:  $\int \cos^3 x \sin^2 x \, dx$

$$\cos x \cdot \cos^2 x \cdot \sin^2 x = \cos x \cdot (1 - \sin^2 x) \cdot \sin^2 x$$

$$= \int \cos x (1 - \sin^2 x) \sin^2 x \, dx$$

$$u = \sin x \Rightarrow du = \cos x \, dx$$

$$= \int (1-u^2) u^2 du = \frac{1}{3} u^3 - \frac{1}{5} u^5 + C$$

$$= \boxed{\frac{1}{3} \sin^3 x - \frac{1}{5} \sin^5 x + C}$$

So if either exponent is odd, same method.  
What if neither is? Half angle formula:

$$\sin^2 \theta = \frac{1}{2} (1 - \cos 2\theta)$$

$$\cos^2 \theta = \frac{1}{2} (1 + \cos 2\theta)$$

Both are  $\cos 2\theta$ !

"sine gets the sign"

Ex:  $\int \cos^2 \theta d\theta = \int \frac{1}{2} + \frac{1}{2} \cos 2\theta d\theta = \boxed{\frac{1}{2} \theta + \frac{1}{4} \sin 2\theta + C}$

Ex:  $\int \sin^2 \theta \cos^2 \theta d\theta$

$$\sin^2 \theta \cos^2 \theta = (1 - \cos^2 \theta) \cdot \cos^2 \theta$$

$$= \cos^2 \theta - \cos^4 \theta$$

$$= \int \frac{1}{8} - \frac{1}{8} \cos 4\theta d\theta =$$

$$\boxed{\frac{1}{8} \theta - \frac{1}{32} \sin 4\theta + C}$$

Not immediately obvious  
that this is related!

$$= \frac{1}{2} + \frac{1}{2} \cos 2\theta - \left( \frac{1}{2} + \frac{1}{2} \cos 2\theta \right)^2$$

$$= \left( \frac{1}{2} + \frac{1}{2} \cos 2\theta \right) - \left( \frac{1}{4} + \frac{1}{2} \cos 2\theta + \frac{1}{4} \cos^2 2\theta \right)$$

$$= \frac{1}{4} - \frac{1}{8} (1 + \cos(4\theta))$$

$$= \frac{1}{8} - \frac{1}{8} \cos(4\theta)$$

Method Look at exponents:

1) If at least one is odd (say  $\sin$ ), then write integrand as  $(\sin x)(1 - \cos^2 x)^? \cos^n x$  (etc). Then  $u = \cos x$ .

2) If both even, then put everything in terms of one & use half-angle.  
Repeat.  $\nwarrow$  awful case!

Sec & Tan work largely the same way: Just a little trickier

$$\frac{d}{dx} \sec x = \sec x \tan x, \quad \frac{d}{dx} \tan x = \sec^2 x$$

Ex  $\int \sec^4 x dx$

$$\sec^4 x = \sec^2 x \cdot \sec^2 x$$

$$= (\tan^2 x + 1) \cdot \sec^2 x$$

$$= \underbrace{\int \tan^2 x \cdot \sec^2 x \, dx}_{\tan x} + \underbrace{\int \sec^2 x \, dx}_{\tan x} = \boxed{\frac{1}{3} \tan^3 x + \tan x + C}$$

$$\begin{aligned} u &= \tan x \\ du &= \sec^2 x \end{aligned} \quad \int u^2 \, du = \frac{1}{3} u^3$$

This works for any integral of the form  $\int \tan^m x \sec^{2k} x \, dx$ :

write  $\sec^{2k} x$  as  $\sec^2 x \cdot (1 + \tan^2 x)^{k-1}$  and  $u = \tan x$ .

$$\begin{aligned} \text{Ex } \int \tan^3 x \sec x \, dx & \quad \tan^3 x \sec x = \tan^2 x \cdot \underbrace{\tan x \sec x}_{(\sec^2 x - 1) \cdot (\sec x)'} \\ &= \int (\sec^2 x - 1) \cdot \tan x \sec x \, dx \end{aligned}$$

$$\begin{aligned} u &= \sec x \Rightarrow du = \sec x \tan x \, dx \\ &= \int u^2 - 1 \, du = \frac{1}{3} u^3 - u + C \end{aligned}$$

$$= \boxed{\frac{1}{3} \sec^3 x - \sec x + C}$$

This works for any integral of the form  $\int \tan^{2k+1} x \sec^n x \, dx$  :   
 (Note:  $n \geq 1$ )

$$\tan^{2k+1} x = \tan x \cdot (\sec^2 x - 1)^k \Rightarrow \int (\sec^2 x - 1)^k \cdot \sec^{n-1} x \cdot \sec x \tan x \, dx.$$