

(111) Note: $|J_T|$ continuous on U ; so
 if f meas., then $(f \circ T) \cdot |J_T|$ meas.
 This takes care of measurability issues.

For the proof of (1) we need a

Lemma Suppose $Q \subseteq U$ is a cube.

Then

$$\lambda_n(T(Q)) \leq \int_Q |J_T| d\lambda_n.$$

We postpone the proof of the lemma, and
 first finish the proof of the theorem
 assuming the lemma is true.

Claim $\int_V f d\lambda_n \leq \int (f \circ T) |J_T| d\lambda_n$

for all measurable $f \geq 0$ on V .

This is true if $(\chi_{T(E)} \circ T = \chi_E)$

1) $f = \chi_{T(Q)}$ $Q \subseteq U$ cube by lemma

2) $f = \chi_{W(E)}$ where $W \subseteq U$ is any open set.

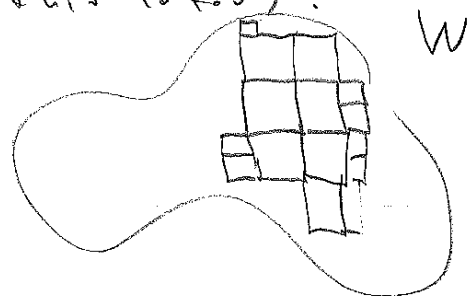
Indeed, if $W \subseteq U$ is open, then one can
 find a countable collection $Q_i, i \in \mathbb{N}$, of
 cubes $Q_i \subseteq W$ with pairwise disjoint
 interiors s.t. $W = \bigcup_{i \in \mathbb{N}} Q_i$
 (this is related to the "Whitney cube de -

(12) Composition: we'll discuss this later.

Note that $\lambda_n(\partial Q) = 0$

for any cube $Q \in \mathbb{R}^n$.

6. the cubes and their images are essentially disjoint, i.e.,



$$\sum_i \chi_{Q_i} = \chi_W \quad \text{a.e. and}$$

$$\sum_i \chi_{T(Q_i)} = \chi_{T(W)} \quad \text{a.e.}$$

Hence

$$\lambda_n(T(W)) \int \chi_{T(W)} = \int \sum_i \chi_{T(Q_i)}$$

$$\stackrel{MCT}{=} \sum_i \int \chi_{T(Q_i)} = \sum_i \lambda(T(Q_i))$$

$$\stackrel{\text{Claim 1}}{\leq} \sum_i \int_{Q_i} |J_T| \stackrel{MCT}{=} \int (\sum_i \chi_{Q_i}) |J_T|$$

$$= \int \chi_W |J_T| = \int_W |J_T|.$$

3) $f = \chi_{T(B)}$, where $B \in \mathcal{U}$ and $\bar{B} \subset \subset U$.

By outer regularity of Lebesgue measure

we can find open sets with $W_k \subset \subset U$ and

$W_k \supset B$ with $\lambda_n(B) \leq \lambda_n(W_k) \leq \lambda_n(B) + \frac{1}{k}$

Let $\Omega_n = W_1 \cap \dots \cap W_n$; then

$\Omega_n \searrow \Omega = \bigcap_{k=1}^{\infty} \Omega_k \supset B$, and $\lambda(W_k)$

$$\lambda(\Omega_n) \rightarrow \lambda(\Omega) = \lambda(B).$$

So $\lambda(\partial B) = 0$, i.e., $\chi_{\Omega_n} \rightarrow \chi_{\Omega} = \chi_B$ a.e.

(13) Since T preserves sets of measure zero,
 we also have

$$\chi_{\Omega_n} \circ T^{-1} = \chi_{T(\Omega_n)} \rightarrow \chi_B \circ T^{-1} = \chi_{T(B)} \quad \text{a.e.}$$

Note $0 \leq \chi_{T(\Omega_k)} = \chi_{\underbrace{T(\Omega_k)}_{\text{bdd.}}} \in L^1(\mathbb{R})$,

and $0 \leq \chi_{\Omega_k} \cdot |J_T| \leq \underbrace{\chi_{\Omega_k}}_{\text{bdd. on } \Omega_k} \cdot |J_T| \in L^1(\mathbb{R}).$

So, by LDC and
 Claim 2):

$$\begin{aligned} \lambda(T(B)) &= \int \chi_{T(B)} \stackrel{\text{LDC}}{=} \lim_{k \rightarrow \infty} \int \chi_{T(\Omega_k)} \\ &\stackrel{\text{Claim 2)}}{\leq} \lim_{k \rightarrow \infty} \int \chi_{\Omega_k} \cdot |J_T| \stackrel{\text{LDC}}{=} \int \chi_B |J_T| \\ &= \int_B |J_T|. \end{aligned}$$

4) $f = \chi_{T(M)}$, where $M \subseteq U$ is an
 arb. meas. set

Take a compact exhaustion of U ,
 i.e., $K_n \subseteq U$ compact with $K_n \nearrow U$.
 Then $B_n = K_n \cap U \subseteq U$ meas. and

$$B_n \nearrow M.$$

Hence $T(B_n) \nearrow T(M)$ and

$$\chi_{B_n} \cdot |J_T| \rightarrow \chi_M \cdot |J_T|.$$

By $M \subseteq T$:

$$\begin{aligned} \lambda(T(M)) &= \lim_{k \rightarrow \infty} \lambda(T(B_n)) \leq \lim_{k \rightarrow \infty} \int_{B_n} |J_T| \\ &= \int_M |J_T|. \end{aligned}$$

(114) 5) $f \geq 0$ meas.

Use 4) and the usual monotone class machine.

This finishes the proof of the Claim

The Claim implies the transformation formula (1):

1) Let $f: V \rightarrow [0, \infty]$ be meas.

By Claim applied to f :

$$\int_V f d\lambda_u \leq \int_U (f \circ T) |J_T| d\lambda_u \xrightarrow{T} V$$

We can also apply the Claim to the meas. function

$$g = (f \circ T) \cdot |J_T| \geq 0 \text{ and } T^{-1} \downarrow [0, \infty]$$

Hence

$$\begin{aligned} \int_U g d\lambda_u &\leq \int_V (g \circ T^{-1}) \cdot |J_{T^{-1}}| d\lambda_u \\ &= \int_V f(y) \cdot \underbrace{|J_T(T^{-1}(y))| \cdot |J_{T^{-1}}(y)|}_{\substack{\text{Chain rule} \\ |J_{T \circ T^{-1}}(y)| = 1}} d\lambda_u(y) \\ &= \int_V f d\lambda_u \end{aligned}$$

Formula (1) follows.

2) If $f \in L^1(\lambda_u)$, we split f first into real and imaginary part, then into positive and negative part and apply (1) for non-neg. functions. Form. (1) also follows in this case. $\square$

115) Proof of Lemma

Basic idea: Decompose Q into small subcubes $Q_1, \dots, Q_N$ on which T behaves almost like an affine map

$$(T|_{Q_i} \approx x \in Q_i \mapsto \overbrace{f(x_i) + DT(x_i)(x-x_i)}^{A_i(x)})$$

x_i center of cubes

Then

$$\lambda_n(T(Q)) = \sum_{i=1}^N \lambda_n(T(Q_i))$$

$$\approx \sum_{i=1}^N \lambda_n(A_i(Q_i)) = \sum_{i=1}^N \frac{|\det(DT(x_i))|}{J_T(x_i)} \lambda_n(Q_i)$$

$$\approx \sum_{i=1}^N \int_{Q_i} |J_T| d\lambda_n = \int_Q |J_T| d\lambda_n.$$

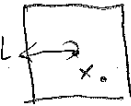
To make this precise we use careful estimates.

Let $x = (x_1, \dots, x_n) \in \mathbb{R}^n$ and $A = (a_{ij})$ $n \times n$ -matrix do define

$$\|x\|_\infty = \max_{1 \leq i \leq n} |x_i|, \quad \|A\| = \max_{1 \leq i \leq n} \sum_{j=1}^n |a_{ij}|$$

$$\|x\|_1 = \sum_{i=1}^n |x_i| \quad \ell\text{-norm} \quad \text{matrix norm}$$

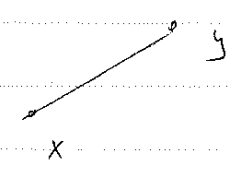
Then $\|Ax\|_\infty \leq \|A\| \|x\|_\infty$ and $\|AB\| \leq \|A\| \|B\|$
 $\|x \cdot y\| \leq \|x\|_1 \|y\|_\infty$ for $x \in \mathbb{R}^n$, A, B $n \times n$ -matrices.
 (exercise!)

Note: $\{x \in \mathbb{R}^n : \|x - x_0\|_\infty \leq l\}$ is cube  with center x_0 and side length $2l$.

Suppose $S = (g_1, \dots, g_n)$ is C^1 -smooth map
 g_n $U \supseteq Q$.

(*) Then $\|S(y) - S(x)\|_\infty \leq \overbrace{\sup_{u \in Q} \|DS(u)\|}^{M_Q} \cdot \|y - x\|_\infty$
 for $x, y \in Q$.

(116) Consider the component functions g_k :

$$\begin{aligned}
 & |g_k(y) - g_k(x)| \\
 &= \left| \int_0^1 \frac{d}{dt} g_k(x + t(y-x)) dt \right| \\
 &= \left| \int_0^1 \underbrace{\nabla g_k(x + t(y-x)) \cdot (y-x)}_{\text{dot-product}} dt \right| \\
 &\leq \int_0^1 \underbrace{\|\nabla g_k(x + t(y-x))\|_1}_{\leq \sup_{u \in Q} \|\mathcal{DS}(u)\|} \cdot \|y-x\|_\infty dt \\
 &\leq \sup_{u \in Q} \|\mathcal{DS}(u)\| \cdot \|y-x\|_\infty
 \end{aligned}$$


Ineq. (*) follows.

Consequence: If Q is a cube of side length L and center x , then $S(Q)$ is contained in a cube with center $S(x)$ and side length

$$\sup_{u \in Q} \|\mathcal{DS}(u)\| \cdot L \quad ; \quad \text{so}$$

$$\lambda_n(S(Q)) \leq M_Q^n \cdot \lambda_n(Q).$$

Let $\varepsilon > 0$ be arb. Then we can decompose Q into subcubes $Q_1, \dots, Q_N$ with centers $x_1, \dots, x_N$ resp and side length $\delta > 0$ s.t.

$$i) |J_T(x) - J_T(y)| < \varepsilon \quad \text{for } x, y \in Q_i, \quad i=1, \dots, N \text{ arb.}$$

$$ii) \left\| \underbrace{J_T(x)^{-1}}_{L_x} \underbrace{J_T(y)}_{L_y} \right\| \leq 1 + \varepsilon \quad \text{for } x, y \in Q_i$$

$$\begin{aligned}
 (117) \quad \|L_x^{-1} \circ L_y\| &= \|L_x^{-1} \circ (L_y - L_x) + I_n\| \\
 &\leq 1 + \underbrace{\|L_x^{-1}\|}_{\text{unif. bdd. on } Q} \cdot \underbrace{\|L_y - L_x\|}_{\text{small if } \delta \text{ small}} \leq 1 + \epsilon.
 \end{aligned}$$

On Q_i let $L_i := DT(x_i)$ and

$$S_i = L_i^{-1} \circ T$$

$$\begin{aligned}
 \text{Then } \|DS_i(u)\| &= \|DT(x_i)^{-1} DT(u)\| \\
 &\leq 1 + \epsilon \quad \text{for } u \in Q_i
 \end{aligned}$$

Hence $S_i(Q)$ contained in cube $\tilde{Q}_i$ with side length $(1+\epsilon)\delta$

$$T(Q_i) = L_i(S_i(Q_i)) \subseteq L_i(\tilde{Q}_i) \quad \lambda_n(Q_i)$$

$$\begin{aligned}
 \lambda_n(T(Q_i)) &\leq \lambda_n(L_i(\tilde{Q}_i)) = |\det L_i| \cdot (1+\epsilon)^n \delta^n \\
 &= (1+\epsilon)^n |J_T(x_i)| \cdot \lambda_n(Q_i)
 \end{aligned}$$

Hence

$$\begin{aligned}
 \lambda_n(T(Q)) &= \sum_{i=1}^N \lambda_n(T(Q_i)) \\
 &\leq (1+\epsilon)^n \sum_{i=1}^N |J_T(x_i)| \lambda_n(Q_i) \\
 &= (1+\epsilon)^n \sum_{i=1}^N \int_{Q_i} |J_T(x_i)| d\lambda_n \\
 &= (1+\epsilon)^n \sum_{i=1}^N \int_{Q_i} \underbrace{|J_T(x_i) - J_T(x)|}_{\leq \epsilon} + |J_T(x)| d\lambda_n \\
 &= (1+\epsilon)^n \int_Q |J_T| d\lambda_n + \epsilon \lambda_n(Q).
 \end{aligned}$$

Letting $\epsilon \rightarrow 0$ the lemma follows. $\square$

(118) Thm. (Whitney cube decomposition
of open sets in $\mathbb{R}^n$)

Let $\Omega \subseteq \mathbb{R}^n$, $\Omega \neq \mathbb{R}^n$ be non-empty and open

Then there exists a countable collection

$Q_k, k \in \mathbb{N}$, of cubes ("Whitney cubes")

s.t.

i) $\Omega = \bigcup_{k \in \mathbb{N}} Q_k$

ii) the cubes do not "overlap", i.e.,

$$\overset{\circ}{Q}_k \cap \overset{\circ}{Q}_l = \emptyset \quad \text{for } k \neq l$$

iii) $\text{diam}(Q_k) \leq \text{dist}(Q_k, \partial\Omega) \leq 4 \text{diam}(Q_k)$
for $k \in \mathbb{N}$

the diameter of each cube is comparable
to its distance to the boundary.

Note: $\partial\Omega \neq \emptyset$; otherwise, $\partial\Omega = \emptyset$ and

$\bar{\Omega} = \Omega \cup \partial\Omega = \bar{\Omega}$ is open and closed.

This is a contradiction, because

$\Omega \neq \emptyset, \mathbb{R}^n$ and $\mathbb{R}^n$ is connected.

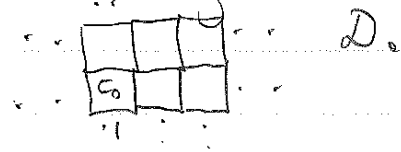
Proof (Outline): $C_0 = [0,1]^n$ unit cube $\text{diam } C_0 = \sqrt{n}$.

$\mathcal{D}_k := \{2^{-k}(u + C_0) : u \in \mathbb{Z}^n\}$ dyadic cubes
of side length 2^{-k}

$k \in \mathbb{Z}$

If $Q \in \mathcal{D}_k$,

then $\text{diam } Q = 2^{-k} \cdot \sqrt{n}$



Layers $\Omega_k = \{x \in \Omega : c \cdot 2^{-k} \leq \text{dist}(x, \partial\Omega) \leq c \cdot 2^{-k+1}\}$

$k \in \mathbb{Z}$

$$c = 2\sqrt{n}$$

$$\Omega = \bigcup_{k \in \mathbb{Z}} \Omega_k$$

$$(19) \mathcal{F}_0 = \bigcup_{k \in \mathbb{Z}} \{Q \in \mathcal{D}_k : Q \cap \Omega_k \neq \emptyset\}.$$

initial choice of cubes

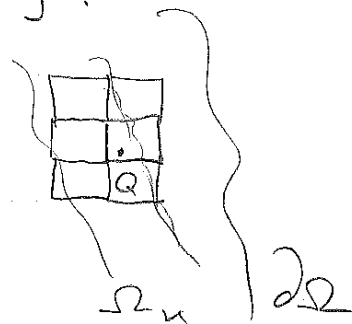
Then if $Q \in \mathcal{F}_0$:

$$\text{dist}(Q, \partial\Omega) \geq c \cdot 2^{-k} - \text{diam}(Q)$$

$$= \sqrt{n} \cdot 2^{-k} = \text{diam}(Q)$$

$$\text{dist}(Q, \partial\Omega) \leq 2 \cdot c \cdot 2^{-k}$$

$$= 4 \cdot \text{diam}(Q).$$



So (iii) true.

Moreover, $\bigcup_{Q \in \mathcal{F}_0} Q = \Omega.$

(ii) not necessarily true!

Let $\mathcal{F} \subseteq \mathcal{F}_0$ be the family of maximal cubes Q in $\mathcal{F}_0$, i.e., cubes Q not contained in any other cube in $\mathcal{F}_0$.

Then (i) - (iii) true:

(iii) clear,

(ii) if $Q, Q' \in \mathcal{F}_0$, $Q \neq Q'$, then

neither $Q \subseteq Q'$, nor $Q' \subseteq Q$;

so $Q \cap Q' = \emptyset$, because Q, Q' are dyadic cubes.

(i) Obviously, $\bigcup_{Q \in \mathcal{F}} Q = \bigcup_{Q \in \mathcal{F}_0} Q = \Omega.$

To see the converse, ineq. let $x \in \Omega$ be

arb. Then $x \in Q$, for some $Q \in \mathcal{F}_0$.

If Q maximal, then $x \in \hat{\Omega}$. If not, then

there ex. $Q_2 \in \mathcal{F}_0$ with $Q \subsetneq Q_2$. If Q_2 is maxi-

mal, then $x \in \hat{\Omega}$. If not ex. $Q_3 \in \mathcal{F}_0$ s.t.

$Q_2 \subsetneq Q_3$, etc. This process

must end giving $x \in \hat{\Omega}$. $\square$