Definition. A sequence of random variables X_n is said to *converge almost surely* to a random variable X if

$$\mathbb{P}(\{\omega: X_n(\omega) \to X(\omega) \text{ as } n \to \infty\}) = 1.$$

Remark. The adverbs almost surely and with probability one can be used interchangeably to mean that the thing stated happens on an event of probability one. In this case it is the convergence of the sequence X_n .

Our first application of the ideas reviewed above is the proof of the following:

Proposition. Let X and X_n , $n \in \mathbb{N}$, be random variables. If $X_n \to X$ almost surely, then $X_n \to X$ in probability.

Remarks. 1. The converse is false; convergence in probability does *not* imply convergence almost surely. However, if $X_n \to X$ in probability, then there is a subsequence X_{n_k} that converges to X almost surely.

2. Convergence in L^p implies convergence in probability and thus convergence of a subsequence almost surely. However, convergence almost surely does *not* guarantee convergence in L^p for any p, not even along a subsequence.

Proof. Given $\epsilon > 0$, consider the events

$$A_n = \{\omega : |X_m(\omega) - X(\omega)| > \epsilon \text{ for some } m \ge n\} = \bigcup_{m=n}^{\infty} \{\omega : |X_m(\omega) - X(\omega)| > \epsilon\}$$

Evidently, the events A_n are decreasing and thus

$$\lim_{n \to \infty} \mathbb{P}(A_n) = \mathbb{P}\left(\bigcap_{n=1}^{\infty} A_n\right)$$
$$= \mathbb{P}\left(\{\omega : |X_m(\omega) - X(\omega)| > \epsilon \text{ for infinitely many } m\}\right)$$

But clearly this last event can only occur at points ω where convergence fails. Thus $\lim_{n \to \infty} \mathbb{P}(\{\omega : |X_n(\omega) - X(\omega)| > \epsilon\}) \leq \lim_{n \to \infty} \mathbb{P}(A_n) \leq \mathbb{P}(\{\omega : \text{ convergence fails}\}) = 0,$ which proves convergence in probability.

Proposition. Let X and X_n , $n \in \mathbb{N}$, be random variables. If

$$\sum_{n} \mathbb{E}\Big\{|X - X_{n}|^{p}\Big\} < \infty,$$

for some $p \ge 1$, then $X_n \to X$ almost surely.

Proof. Consider the events indexed by $j \in \mathbb{N}$,

 $B_j = \{ \omega : |X_n(\omega) - X(\omega)| < 2^{-j} \text{ for all but finitely many } n \}.$

Note that by the definition of convergence of a sequence,

$$\{\omega: X_n(\omega) \to X(\omega)\} = \bigcap_{j=1}^{\infty} B_j$$

Thus to prove the proposition, we need only show that all events B_j have probability one. On the other hand, by the Borel–Cantelli lemma, this follows if we can prove

$$\sum_{n} \mathbb{P}\left(\{ \omega : |X_{n}(\omega) - X(\omega)| \ge 2^{-j} \} \right) < \infty.$$

That is our goal.

The Markov inequality shows us that

$$\mathbb{P}\left(\left\{\omega: |X_n(\omega) - X(\omega)| \ge 2^{-j}\right\}\right) \le \frac{\mathbb{E}\left\{|X_n - X|^p\right\}}{2^{-jp}}$$

and so,

$$\sum_{n} \mathbb{P}\left(\left\{\omega : |X_n(\omega) - X(\omega)| \ge 2^{-j}\right\}\right) \le 2^{jp} \sum_{n} \mathbb{E}\left\{|X_n - X|^p\right\} < \infty.$$

This fulfills our stated goal and so completes the proof.

Exercise. Use the preceding proposition to show the following fact that was mentioned in the remarks above: If $X_n \to X$ in L^p sense, then there is a subsequence X_{n_k} that converges to X almost surely.